

**Acknowledgement, Waiver and Release of Liability**

I acknowledge that running and/or walking a road race is a potentially hazardous activity. I further acknowledge that I should not enter and run/walk unless I am medically able and properly trained to engage in such activities. In consideration of the foregoing, I agree to abide by any and all decisions of the race officials relative to my ability to safely participate in and complete the race/walk. I expressly assume all risks associated with the running and/or walking of this event including but not limited to falls, contact with other participants, the effects of weather (including heat and humidity), traffic and road conditions, regardless of the race officials' decision as to my ability to participate in this event; I acknowledge that the race officials' decision to allow me to participate in the race/walk does not mean that I am physically able to participate but rather there does not appear to the race officials any reason that I cannot participate. The undersigned, for and in consideration of the opportunity to participate in the "Johnny CASA 5 Miler/5K Walk" to benefit the Southern VA CAC, hereby agrees to remise, waive, release, and forever discharge Children's Advocacy Programs of the Blue Ridge, Inc. (hereinafter referred to as "CAPS"); StellarOne Bank, The County of Franklin, Mountain Junkies, LLC, LakeWatch Plantation, and all other individual event sponsors, their successors, assigns, agents, employees, volunteers, and the Board of Directors, for and from any liability arising from any and all injuries which may occur as I participate in this race event. This waiver and release specifically includes actual, consequential, and punitive damages, on account of, relating to, arising from, or which might or could arise, either directly or indirectly, from any matter or source whatsoever as I participate in this race event, all of which actions, claims, demands, causes of action or liability are hereby waived. By signing this waiver and release, I understand that I am giving up (waiving and releasing) any right I might have to sue or make a claim which I might have or which might subsequently arise or occur against CAPS, StellarOne Bank, The County of Franklin, Mountain Junkies, LLC, LakeWatch Plantation, and all other individual event sponsors, their successors, assigns, agents, employees, volunteers, and the Board of Directors, for any injury which I may have as I engage in this race event. It is my intent to give up those rights and provide this hold harmless agreement, and I do so intentionally, knowingly, and voluntarily. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose.



Johnny CASA 5-Miler 5K Walk  
To Benefit the  
Southern VA Child Advocacy Center  
300 South Main Street  
Rocky Mount VA 24151



\_\_\_\_\_  
Signature (Parent/Guardian if under 18)

\_\_\_\_\_  
Date

As the parent/guardian of \_\_\_\_\_, a minor, and on the minor's behalf and on my behalf, and on the behalf of all parents/guardians of the minor, I accept the release and waiver of liability at the top of this form as inducement for allowing my child, or this minor, to participate in this race event. I represent and warrant that I have the authority to give and execute this waiver and release of liability.

**Make Checks Payable To:**  
**Southern VA CAC 300 South Main Street Rocky Mount VA 24151**



*LakeWatch Plantation, Smith Mountain Lake  
September 10, 2011*

**Saturday, September 10, 2011  
8:30 a.m. Start  
LakeWatch Plantation  
Smith Mountain Lake, VA**



All proceeds benefit the  
**Southern Virginia  
Child Advocacy Center**

**EVERY CHILD MATTERS**



A United Way of Franklin County  
Partner Agency

